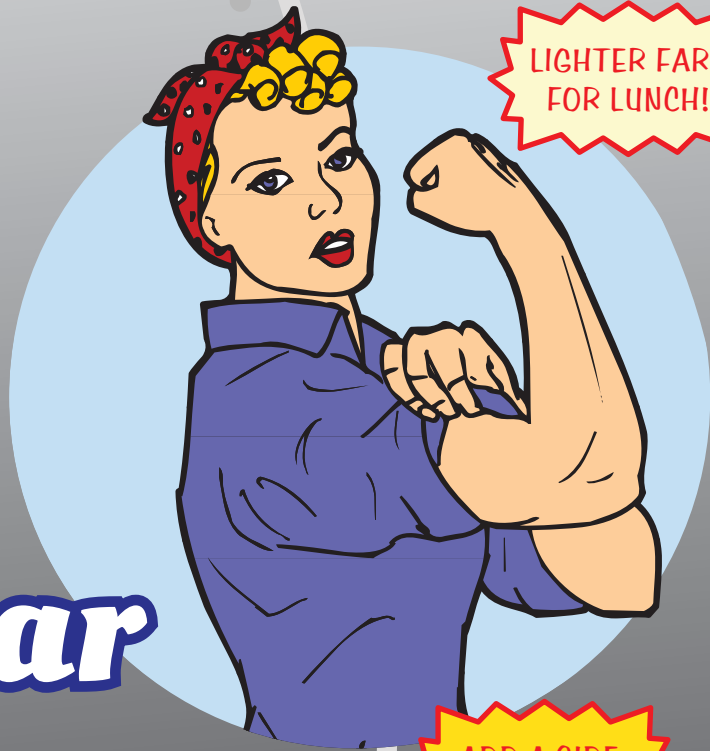


STICKY LIPS BBQ

Blue Collar Lunch Menu



LIGHTER FARE FOR LUNCH!

ADD A SIDE ORDER \$3.50

ADD A FOUNTAIN SODA \$1.99

The Blue Collar Lunch Menu honors the men and women throughout history who learned a trade and built things with their own hands.

LIP SMACKERS

Buffalo Chicken Wing Dip
Made fresh! Served hot with fried jalapeño chips. 12.99

Baked Mac & Cheese
Made with FOUR CHEESES and oven-baked. 12.99

Lunch Nachos
Fresh hand-cut fried tortillas with Sticky Lips Chili, melted cheddar and Monterey Jack cheese, onions, tomatoes, and hot or mild jalapeño peppers. Make it VEGETARIAN: substitute the chili with black beans.
Nachos... 10.99
With pulled pork or pulled chicken... 13.99

Loaded French Fries
Home-cut style fries loaded with chili, cheddar jack cheese, onions, pickled jalapeños, sour cream. 12.99

Pig Wings
Three bones of our famous pork ribs. Lightly dusted, fried and smothered with Buffalo wing sauce. 10.99
Add Thick n' Chunky Blue Cheese for 2.00.

Deep Fried Pickles
Kosher dill pickle spears, battered and breaded. Served with our spicy Cajun Buttermilk Ranch Dressing. 7.99

Ultimate Baked Mac & Cheese
If you like chili cheddar cheese dogs, this is for you. Zweigle's Red Hots and chili mixed into our baked mac & cheese. 14.99

CHICKEN wings

All orders served with SEASONED POTATO CHIPS.
Add THICK N' CHUNKY BLUE CHEESE for 2.00.

Small 9.99 Large 16.99

FRIED & GRILLED BBQ Lightly floured, fried then char-grilled. Topped with our house-made BBQ sauce.

BUFFALO STYLE Floured and lightly seasoned, fried, and tossed in wing sauce. Choose: BUFFALO SAUCE (mild) or SWEET & SOUR.

GARLIC PARMESAN Floured and lightly seasoned, fried, and tossed in our garlic parmesan sauce.

JAMAICAN JERK GLAZE A blend of Caribbean spices with a hint of heat. Floured and lightly seasoned, fried, and tossed in a jerk glaze.

KIDS MENU

Age 12 and under.
Includes one side order and a fountain drink.

- Grilled Cheese 8.99
- Zweigle Red Hot Sliders (2)..... 8.99
- Burger Sliders (2)..... 9.99
- Add cheese 1.00
- BBQ Pork Sliders (2) with BBQ Sauce..... 8.99
- Crispy Chicken Bites Sweet n' Sour sauce on side 8.99
- Two Bone Rib with BBQ Sauce..... 8.99
- Two Drummers with BBQ Sauce..... 8.99

Bowls

Served with honey-glazed cornbread.

Rice Bowl **GF**

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, choice of meat (chopped chicken or pork). Drizzled with garlic dill dressing and sriracha. 14.99

Potato Bowl

Mashed potatoes and gravy, BBQ beans, corn, sauteed onions and green peppers, shredded cheese, cilantro, meat sauce, choice of meat (chopped chicken or pork). Drizzled with garlic dill dressing and sriracha. 14.99

Veggie Bowl **GF**

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, grilled and chopped black bean patty. Drizzled with garlic dill dressing and sriracha. 14.99

Jerk Shrimp Bowl

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, Jamaican jerk shrimp. Drizzled with garlic dill dressing and sriracha. 14.99

Sticky Icky Bowl

A "gourmet plate" in a bowl! Includes three "sides" mixed in: French Fries, Mac Salad, and BBQ Beans. Topped with red onion, cilantro, and spicy meat sauce. Cornbread on the side. Choose one: Hot Dog, Hamburger, Cheeseburger, Pulled Chicken, Pulled Pork. 14.99
Beef Brisket for additional 1.00

Wraps

Served with house-cut seasoned potato chips, dill pickle, and one side.

Southwest Wrap

Chicken, black beans, corn, diced tomatoes, lettuce, mozzarella cheese on a jalapeño wrap with Cajun ranch dressing. 13.99

Turkey BLT Wrap

Smoked turkey, bacon, lettuce, diced tomatoes, and monterey jack cheese on a wheat wrap with garlic dill dressing. 13.99

Buffalo Chicken Wrap

Breaded fried chicken tossed in Buffalo wing sauce, crumbly bleu cheese, diced tomatoes, and shredded lettuce on a jalapeño wrap. 13.99

Chicken Pesto Wrap

Diced chicken breast, pesto sauce, part-skim mozzarella, diced tomatoes, and shredded lettuce on a whole wheat wrap. 13.99

16 Famous Homemade Sides

\$3.50 per side

Sticky Lips Chili **GF**

Home-Cut Fries

BBQ Beans **GF**

Macaroni Salad

Sweet Potato Fries

Black Beans and Rice **GF**

Mashed Potatoes with Gravy

Ratatouille **GF**

Collard Greens **GF**

Chorizo Cheddar Grits

Tomato & Cucumber (seasonal) **GF**

Cajun Corn **GF**

Mayo Based Coleslaw **GF**

Mustard Based Coleslaw **GF**

Cottage Cheese

Mac & Cheese (add \$1)

Lunch Salads

Served with honey-glazed cornbread.

Lunch Salad

Fresh cut greens tossed with tomatoes, jack cheese, cucumbers, red onions, and croutons. 12.99. Add a protein for \$5.

CHOOSE YOUR PROTEIN:

Grilled Chicken

Blackened Chicken

Jamaican Jerk Chicken

Jamaican Jerk Shrimp

Buffalo Chicken Bites

Smoked Pulled Pork

Grilled Salmon (add \$2)

All Natural Beef Brisket (add \$2)

Soup & Salad

Bowl of soup (ask about today's soup choices). Side salad contains fresh cut greens tossed with tomatoes, jack cheese, cucumbers, red onions, croutons, and dressing. 12.99. Add a protein for \$5.

SALAD DRESSINGS:

Balsamic Vinaigrette, Italian, Blue Cheese, Cajun Ranch, Buttermilk Ranch, Honey Dijon, Thousand Island, Salsa



Thick & Cheesy French Bread Pizza

Add toppings
for 1.00 each.

Pepperoni
Bacon

Sauteed Peppers

Sauteed Onions

Sauteed Mushrooms

Chopped Brisket

BBQ Pulled Chicken

BBQ Pulled Pork

The Basics

Crushed red tomato sauce, part-skim mozzarella over French bread. 9.99

SOUPS

Ask about our Soup of the Day!

BOWL

Chicken Cheddar Jalapeño 5.99

Award Winning Chili **GF** 6.49

Sticky Stomp Stew 6.49

GF=Gluten Free. We do not use peanut oil.
Prices subject to change. Sales tax not included.
A 3.5% credit card convenience fee may be applied.
An inflationary brisket surcharge may be applied,
\$1 for sandwiches, \$2 for plates.

COMBOS AND PLATES

BBQ Lunch Combos

Served with honey glazed cornbread and one side.
Add an additional meat for \$7.

Chicken and Ribs

Two piece bone-in leg quarter chicken, two individually cut rib bones (choose All-American or Cherry Bomb). 17.99

Add two additional rib bones for 7.00.

Add four additional rib bones for 14.00.

Jamaican Jerk Shrimp and Ribs

Jamaican Jerk Shrimp and two individually cut rib bones. 17.99

Chicken and Pork

Two piece bone-in leg quarter chicken and hickory smoked pulled pork. Choose your own sauce. 17.99

Chicken and Brisket

Two piece bone-in leg quarter chicken and all-natural BBQ beef brisket. Choose your own sauce. 17.99

Chicken & Sliced Turkey

Two piece bone-in leg quarter chicken and spice rubbed smoked sliced turkey breast drizzled in our liquid gold. 17.99

Chicken and Pork Belly Burnt Ends

Two piece bone-in leg quarter chicken and rubbed, smoked, and cubed pork belly, soaked in our Cherry Bomb BBQ sauce. 17.99

Boneless Chicken Breast and Ribs

Our chicken breasts are brined and marinated with Uncle Frank's secret recipe, grilled, then topped off with Chimichurri. With two individually cut rib bones. 17.99

Add two additional rib bones for 7.00.

Add four additional rib bones for 14.00.

BBQ Lunch Specials

Served with honey glazed cornbread and one side.

St. Louis Cut Pork Ribs

Three BBQ ribs: These individually cut meaty ribs are marinated in a bath of our flavorful sauces. Choose All-American BBQ Sauce or Cherry Bomb BBQ Sauce. Big juicy flavor! 13.99

Add two additional rib bones for 7.00.

Double Bone Dry Rub

For those who love our Memphis Dry Rub Ribs with no sauce, this is for you!

Two bones... 8.50

Four bones... 13.50

Half Rack / Full Rack

If you like our traditional style of rib, then this is the rib for you. Rubbed and smoked, add your own sauce or ask for dry rub. With cornbread.

HALF RACK (5 to 6 bones)... 18.99

FULL RACK (10 to 12 bones)... 37.00

The Cornell Recipe Chicken

Three piece (bone-in leg quarter and whole wing) Cornell recipe charcoal-grilled Uncle Frank's style chicken. Choose any style: Cornell Baste, Jerk Glaze, or Sticky Sweet Glaze. 14.99

Lunch Plates

Served with honey glazed cornbread.

Chicken Bites

Hand-cut boneless chicken wings, battered. Get them crispy with sauce on the side, or smothered. Choose mild Buffalo style or Sweet n' Sour. Served with chips. Served with house-cut seasoned potato chips, dill pickle, and one side.

8 piece ... 13.49

Add Thick n' Chunky Blue Cheese for 2.00.

Portabella Mushroom

Sliced grilled portabella strips, marinated in Italian dressing, topped with sauteed onions, peppers, melted provolone, and drizzled with balsamic vinegar. Served over rice. 13.99

Wallace's Fried Chicken

Our chef's secret recipe. Three pieces, crispy golden brown. Choose "Traditional Crispy" or "Birdland" style (smothered in sweet & sour sauce). With one side. 15.99

Sides Plate

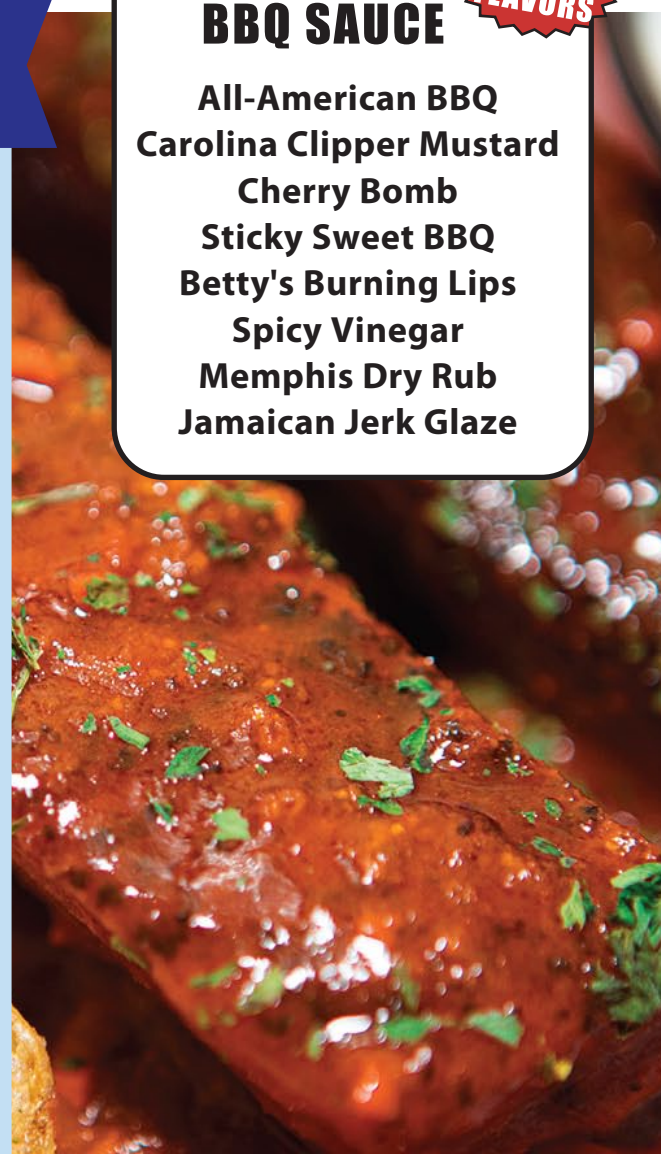
Choose any four of our famous sides.

Served with honey-glazed cornbread. 13.99

CHOOSE YOUR BBQ SAUCE

GF
FAMOUS FLAVORS

All-American BBQ
Carolina Clipper Mustard
Cherry Bomb
Sticky Sweet BBQ
Betty's Burning Lips
Spicy Vinegar
Memphis Dry Rub
Jamaican Jerk Glaze



SMOKIN' GOOD SANDWICHES

Ground Steak Burgers

Our 8 oz. diner-style custom blend steak burgers are always fresh, never frozen. Grilled medium unless otherwise requested. Served with house-cut seasoned potato chips, dill pickle, and one side.

Lunch Burger

With lettuce, tomato, red onion, and American cheese on a hard roll. 14.99

Awesome Burger

Blackened spiced and topped with jalapeño peppers (hot or mild) and crumbly blue cheese. Dressed with garlic dill, lettuce, tomato, onion on a hard roll. 15.99

BBQ Bacon Cheddar Burger

Topped with double smoked bacon, BBQ sauce, and melted cheddar cheese. Dressed, on a hard roll. 15.99

Mushroom Burger

With sauteed mushrooms and Swiss cheese on a hard roll. 15.99

Chicken Breast Sandwiches

Our 6 oz. boneless chicken breasts are brined and marinated with Uncle Frank's secret family recipe and then grilled. Served with house-cut seasoned potato chips, dill pickle, and one side.

Grilled Chicken Breast

Dressed with garlic dill dressing lettuce, tomato, and red onion on a hard roll. 14.99

BBQ Bacon Cheddar Chicken

Chicken breast with double smoked bacon, melted cheddar cheese, and BBQ sauce. Dressed, on a hard roll. 15.99

Awesome Chicken

Blackened spiced chicken breast with jalapeños (hot or mild) and crumbly blue cheese. Dressed with garlic dill, lettuce, tomato, onion on a hard roll. 15.99

Pulled Chicken

Charcoal grilled chicken, hand pulled and topped with sauteed onions, provolone, and All-American BBQ Sauce on a hard roll. 15.99

Pulled Pork Sandwiches

Pulled hand rubbed pork shoulers, slow hickory smoked. Served with house-cut seasoned potato chips, dill pickle, and one side.

Original BBQ Pork Sandwich

Pulled pork, your choice of sauce on a hard roll. 14.99. Add mustard coleslaw for 50¢.

Buffalo BBQ Pork Sandwich

Pulled pork, Buffalo wing sauce, and crumbly blue cheese on a hard roll. 15.99

Philly Pork Sandwich

Pork topped with onions, peppers, mushrooms, and melted provolone on a hard roll. 15.99

Photo City Pork Sandwich

Pulled pork, topped with hickory smoked ham and melted provolone on a hard roll. 15.99

Specialty Sandwiches

Served with house-cut seasoned potato chips, dill pickle, and one side.

Grilled Cheese Sandwich

American and Swiss cheeses, with sliced tomato on sliced sourdough bread. 13.99

Smoked Turkey Breast

Spice rubbed smoked sliced turkey breast drizzled in our liquid gold. With lettuce, tomato, onion, and garlic dill dressing on a hard roll. 15.99

Black Bean Burger

Chipotle black bean burger on a hard roll, with garlic dill dressing and dress set on the side. Swiss cheese optional. 15.99

Crabcake Sandwich

Lightly pan seared, with lettuce, tomato, and Cajun tartar sauce on a hard roll. 15.99

Rochester Cubano

Hickory smoked ham, marinated pork loin, and seasoned "el Spam", combined with mustard-mayo, pickles, melted swiss cheese. Brick pressed between two slices of Cubano bread. A Latino favorite! 15.99

Fried Catfish Sandwich

Battered and breaded in our special blend of flour, and southern style spices. Served with Cajun tartar sauce on a hard roll. 15.99 Add American cheese for 50¢.

Beef Brisket Sandwiches

We use USDA certified prime beef brisket. Hickory smoked. Served with house-cut seasoned potato chips, dill pickle, and one side.

Lone Star Sandwich

BBQ beef brisket sandwich with pickle and onion on a hard roll. 14.99

Brisket Dip

BBQ beef, sauteed onions, melted American, on a hard roll. Au jus. 15.99

Brisket Bleu

BBQ beef with caramelized onions and crumbly blue cheese, drizzled with Cherry Bomb Sauce, on a hard roll. 15.99

Brisket Bomber

BBQ beef topped with double smoked bacon, mushrooms, BBQ sauce, and melted cheddar on a hard roll. 15.99

Chop Shop Brisket

Same great tasting brisket, chopped and topped with your choice of BBQ sauce and sauteed onions, on a hard roll. 15.49

Philly Brisket Sandwich

BBQ beef topped with sauteed mushrooms, onions, peppers, BBQ sauce, and melted provolone. 15.99

Pittsburgh Sandwich

A whole meal between two slices of sourdough: home-cut style fries, tomato, and mustard coleslaw are piled over your choice of protein. 15.99 Add melted provolone for 1.00

Pulled Pork

Hamburger

Chicken Breast

Portabella Mushroom

Black Bean Burger

Texas Beef Brisket (add 1.00)