

**Catering
Available**

**AS SEEN ON
MAN V. FOOD**



**Home of the
Atomic Bomb
Challenge**

**BBQ
Fundraisers**

**ALL-AMERICANTM
MENU**

**Slow Smokin' the Best Grilled and Pit Styles
From the Legendary Barbeque Regions Across America.**

Original Sticky Lips Pit BBQ

585-288-1910

625 Culver Road

**Corner of Atlantic Ave
Rochester, New York**

MON-SAT Open at 11am

SUNDAY Open at Noon

Sticky Lips BBQ Juke Joint

585-292-5544

**830 Jefferson Rd.
Henrietta, NY 14623**

OPEN 7 DAYS

MON-SAT Open at 11am

SUNDAY BRUNCH 10:30am-1:30pm

Full BBQ Menu at Noon

www.StickylipsBBQ.com



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NEW GIGANTIC Chicken Wings

All orders served with THICK N' CHUNKY BLUE CHEESE and SEASONED POTATO CHIPS. Small order... 7.95 Large order... 13.95

SMOKED BBQ

Hand rubbed, smoked, and grilled. Choose Original, Cherry Bomb or Burning Lips Sauce.

BUFFALO STYLE

Lightly seasoned, fried, and tossed in wing sauce. Choose your sauce: Buffalo Sauce (MEDIUM or HOT) or Sweet & Sour.

GARLIC PARMESAN

Lightly seasoned, fried, and tossed in our garlic parmesan sauce.

NEW Chicken Quesadillas

Cheddar-Jalepeno tortillas with pulled chicken, black beans, Cajun corn, mild peppers, tomatoes, cheese, sour cream, and salsa..... 9.95 **GF**

Grilled Drumsticks

If you love grilled chicken wings, try our grilled chicken drumsticks. Rubbed, smoked, flame grilled, and basted with our All American BBQ Sauce. Bleu cheese included.

2 Drummers... 3.75 4 Drummers... 6.95
6 Drummers... 9.75 8 Drummers... 12.75

Mississippi Catfish Strips

A Brother Wease favorite! Hand-cut catfish strips, battered and breaded in our special blend of flour, and southern style spices. Served with our tangy Cajun tartar sauce.

Small (3 pieces)..... 7.55
Large (5 pieces)..... 10.95
Make the Large a meal! Add 2 sides for 13.95

Deep Fried Pickles

Kosher dill pickle spears, battered and breaded. Served with our spicy Cajun Buttermilk Ranch Dressing..... 6.95

Sides Plate

Pick any four of our famous sides and send your taste buds dancing. Served with our honey glazed cornbread..... 7.50

Fried Green Tomatoes

Hand-cut tomatoes, dipped in a special blend of Panko breadcrumbs and spices and fried. Served with honey mustard dressing (Seasonal)
Small (3 pieces)..... 5.95
Large (5 pieces)..... 8.95

French Fried Basket

Try it with our **Vinegar Sauce!**
Plain Fries (choose crispy or home-cut).. 4.95
With Rochester Meat Sauce..... 5.95
With our Cheddar Jack Cheese..... 6.55
Loaded with Chili, Cheddar Jack Cheese, Onions, & Pickled Jalapenos..... 7.95
Sweet Potato Fries..... 4.95



Sticky Lips Nachos **GF**

Fresh hand-cut fried tortillas with Sticky Lips Chili, melted cheddar and Monterey Jack cheese, onions, tomatoes, and hot or mild jalapeno peppers. Make it VEGETARIAN: substitute the chili with black beans.

Basic... 8.95 Add pork or chicken... 2.95

NEW Chicken Tenders

Cut chicken breast, battered. Served with bleu cheese, sweet and sour sauce, and chips.

Small (4 piece)..... 6.25
Large (6 piece)..... 9.65

Smackers Combo

Get a selection of apps! This platter contains 2 Drumsticks, 2 Catfish Strips, 2 Fried Pickles, 2 Pig Wings, and Fries (Sweet Potato or Regular). With dipping sauces..... 13.95

Buffalo Chicken Wing Dip

Made fresh! Served hot with a mix of fried jalapeno and spinach chips..... 8.95

Spinach Artichoke Dip

Truly the best spinach artichoke dip in the world! Made fresh, served hot with a mix of fried jalapeno and spinach chips..... 8.95

Baked Mac & Cheese

Our soon-to-be-famous American favorite is made with FOUR CHEESES and oven-baked.

Mac & Cheese..... 7.95
Mac & Cheese & House-cured Bacon..... 8.95
Mac & Cheese & Chili..... 8.95

NEW Pig Wings

Made with our famous pork ribs. Fried and smothered with Buffalo wing sauce. Served with bleu cheese.

4 bones.... 7.95 8 bones.... 15.95

Soup and Chili **CUP** **BOWL**

Chicken Cheddar Jalapeno..... 3.95 4.95
Soup of the Day..... 3.95 4.95
Our Chef's Seafood Creation (Fridays only) 4.95 5.95
Award Winning Chili **GF** 4.95 5.95
(Add cheddar cheese)..... 50¢

Ask about our kids selections!

Uncle Frank's ^{GF} State Fair Chicken

Chicken so good, you don't need to sauce it! Specially cut for Sticky Lips, these chickens are brined and brush basted with Uncle Frank's Secret Family Recipe, and grilled over a bed of hot **hardwood charcoals**. Because we cook over charcoal, there may be a **pinkish hue** to the meat. My Uncle Frank Ognibene was known for his BBQ grilled chicken, a family favorite in which he took great pride. In his honor, ENJOY.

Each chicken dinner comes with our honey glazed cornbread.



By Itself Platter

HALF CHICKEN (Leg, Thigh, Breast & Wing, Bone In).....	10.95.....	13.95
CHICKEN BREAST STEAK (16oz., Bone Out) (add cheese 75¢).....	11.95.....	14.95
CHICKEN BREAST with Sauteed Veggies (16oz., Bone Out) (cheese 75¢).....	12.95.....	15.95

The Sticky Icky Plate

The best "gourmet" plate in town. Includes three "sides" mixed in: French Fries, Mac Salad, and BBQ Beans. With onions, cilantro, and our spicy meat sauce..... 12.95

Choose one:

- Hot Dog Beef Brisket
- Hamburger Grilled Chicken
- Cheeseburger Pulled Pork

Mr. Wallace's Fried Chicken

Our chef's secret recipe. Four pieces, crispy golden brown, a mix of dark & white meat. Choose "traditional crispy" or "Birdland" style (smothered in sweet & sour sauce). Comes with cornbread.

By itself.....	10.49
With two sides.....	13.49

Ultimate Mac & Cheese

If you like chili cheddar cheese dogs, this is the meal for you. Zweigle hots and chili mixed into our baked mac & cheese. Comes with cornbread.

A meal by itself!	11.95
With two sides	14.95

Famous Homemade Sides

^{GF} Sticky Lips Chili	^{GF} Black Beans and Rice	^{GF} Cajun Corn
Crispy French Fries	Mashed Potatoes with Gravy	^{GF} Mayo Based Coleslaw
Home-Cut Fries	^{GF} Vegetable of the Day	^{GF} Mustard Based Coleslaw
^{GF} BBQ Beans	^{GF} Collard Greens	Fried Okra
Macaroni Salad	Chorizo Cheddar Grits	Mac & Cheese
Sweet Potato Fries	^{GF} Tomato & Cucumber (seasonal)	^{GF} Cottage Cheese

Extra Corn Bread \$1.50

Add One Side \$1.50

Smokehouse Salads

Fresh cut greens tossed with tomatoes, cucumbers, red onions, croutons, and spiced pecans.

House Garden Salad.....	6.95	Cajun Spiced Salmon Salad.....	12.95
Cajun Spiced Chicken Salad.....	10.95	Mustard Basted Grilled Salmon Salad....	12.95
Grilled Chicken Salad.....	10.95	Beef Brisket Salad.....	11.95
Pulled Pork Salad.....	10.95		
Chicken Taco Salad.....	10.95	Homemade Dressings: Balsamic Vinaigrette,	
Side Salad.....	3.50	Italian, Lo-cal Italian, Green Onion, Cajun Ranch,	
		Bleu Cheese, Honey Mustard, Salsa, Ranch Dressing	

Ask about Martha's homemade DESSERTS!



Memphis Pit Smoked BBQ Ribs

WET OR DRY? That is the question!

Considered the "Cadillac" of ribs, the St. Louis cut pork rib is the base for our five lip-smacking styles. All our ribs are seasoned, slow smoked, and basted. We smoke our ribs with hickory and apple wood. Each platter comes with our honey glazed cornbread and two sides.

BBQ RIB PLATTER

By Itself Platter

1/4 Slab.....	3 Rib Bones.....	7.95.....	10.95
1/2 Slab.....	6 Rib Bones.....	13.95.....	16.95
3/4 Slab.....	9 Rib Bones.....	18.95.....	21.95
Full Slab.....	12 Rib Bones.....	23.95.....	26.95
1/2 Wet, 1/2 Dry...	12 Rib Bones.....	23.95.....	26.95

If your ribs or brisket have a pink ring, that means our chefs did their job right.

BEEF SHORT RIB

Available Wednesday through Saturday at 4pm

Long bone cut, weighing close to two pounds, of rich meaty smoked beef. Smoked till tender, grilled with your sauce or dry rub.

One meaty beef rib, two sides, and cornbread..... 26.95



CHOOSE YOUR RIB FLAVOR! Sticky Lips All-American BBQ Sauce
 Carolina Clipper Mustard Sauce • Cherry Bomb Sauce
 Betty's Burning Lips Sauce **FAMOUS** Memphis Dry Rub

All-American BBQ Combos

Served with honey glazed corn bread and two famous homemade sides.

Add 3 Rib Bones for 6.95.

Flying Fortress

B-29 Superfortress: 1/4 Uncle Frank's Chicken, Beef Brisket, Pulled Pork ..Leg & Thigh or Breast & Wing.....	18.95
B-17 Bomber: 1/4 Uncle Frank's Chicken, Beef Brisket, 3 Rib Bones ..Leg & Thigh or Breast & Wing.....	18.95
B-24 Bomber: Iowa State Pulled Pork, Beef Brisket, 3 Rib Bones.....	18.95
The Spitfire: 6 oz. Boneless Chicken Breast, Pulled Pork, 3 Rib Bones.....	18.95
P-38 Bomber: 1/2 Uncle Frank's Chicken, 6 Rib Bones.....	25.95
P-51 Mustang: 16 oz. Boneless Chicken Breast, 6 Rib Bones.....	25.95

The Painted Ladies

Jane Russell: Iowa State Pulled Pork Texas Beef Brisket.....	16.50
Mae West: 6 oz. chicken breast, choice of pulled pork or beef brisket.....	16.50
Lana Turner: 1/4 Uncle Frank's Chicken with Beef Brisket OR Pulled Pork ..Leg & Thigh or Breast & Wing.....	16.50
Betty Grable: 1/4 Uncle Frank's Chicken and 3 Rib Bones ..Leg & Thigh or Breast & Wing.....	16.50
Rosie Rivets: 6 oz. Boneless Chicken Breast & 3 Rib Bones.....	16.50
Rita Hayworth: Iowa State Pulled Pork and 3 Rib Bones.....	16.50
Memphis Belle: Texas Beef Brisket and 3 Rib Bones.....	16.50
Lady Luck: 1/2 Uncle Frank's Chicken and 3 Rib Bones.....	19.95
Betty Boop: 16 oz. Boneless Chicken Breast Steak and 3 Rib Bones.....	19.95
Billie Holiday: Beef Brisket, Pulled Pork, 3 Rib Bones, 1/4 Uncle Frank's Chicken ..Leg & Thigh or Breast & Wing.....	25.95

Smokin' Good Sandwiches

Sandwiches served with chips and garlic dill pickles.
Platters include two sides. Add a side for 1.50

LUNCH SPECIALS

Wednesday: REAL CUBAN SANDWICH
Thursday: SMOKED TURKEY SANDWICH
Daily: BBQ RIB SANDWICH

Grilled Chicken Breasts

Our 6 oz. boneless chicken breasts are brined and marinated with Uncle Frank's secret family recipe and then grilled to tender.

By Itself Platter

Grilled Chicken Breast..... 8.95... 11.95

Dressed with garlic dill dressing lettuce, tomato, and red onion.

NEW BBQ Chicken Sandwich 9.95... 12.95

With caramelized onions, All-American BBQ Sauce, American cheese, lettuce and tomato.

NEW The Rochester Chicken® 9.49... 12.49

Topped with American cheese and meat sauce.

The Chicken Philly..... 9.95... 12.95

Grilled breast topped with onions, peppers, mushrooms, and melted provolone.

NEW Pulled Chicken..... 9.95... 12.95

Charcoal grilled chicken, hand pulled and topped with sauteed onions, provolone, and All-American BBQ Sauce.

Cajun Chicken..... 8.95... 11.95

Seared with Cajun spices. Dressed with garlic dill dressing, lettuce, tomato, onion & cheddar.

Salsa Cheddar Chicken..... 9.95... 12.95

Chicken breast topped with our fresh salsa, lettuce, tom., red onion, and melted cheddar.

NEW Pesto Chicken 9.95... 12.95

Chicken breast topped with pesto sauce, tomato, and Swiss cheese. Dressed.

BBQ Bacon Cheddar Chicken.. 9.95... 12.95

BBQ breast topped with **house-cured smoked bacon** and melted cheddar cheese. Dressed.

Awesome Chicken..... 9.95... 12.95

Cajun spiced chicken breast with jalapenos (**hot or mild**) and crumbly bleu cheese. Dressed with garlic dill dressing lettuce, tomato, onion.

Pulled Pork Sandwiches

Pulled hand rubbed pork shoulders slow smoked and piled high! Ask for our **spicy vinegar** sauce, **dry rub**, or **All-American BBQ Sauce**.

By Itself Platter

Original BBQ Pork..... 7.95... 10.95

Carolina Clipper Pork..... 7.95... 10.95

Pulled pork topped with mustard coleslaw.

NEW The Rochester Pork®... 8.95... 11.95

With meat sauce and melted American cheese.

Philly Pork Sandwich..... 8.95... 11.95

Pork topped with onions, peppers, mushrooms, and melted provolone.

Photo City Pork..... 8.95... 11.95

Pulled pork, topped with Italian capicola and melted provolone. Truly a Rochester original.

BBQ Beef Burgers

100% all-natural Angus beef, no hormones or antibiotics. These 6 oz. burgers are grilled medium unless otherwise requested.

By Itself Platter

The All-American Burger..... 9.95... 12.95

Grilled hamburger with garlic dill dressing, lettuce, tomato, red onion.

Add American, Swiss, or provolone..... 50¢

NEW The Rochester Burger® 10.49... 13.49

Topped with American cheese and meat sauce.

NEW Philly Burger..... 10.95... 13.95

Hamburger topped with onions, peppers, mushrooms, and melted mozzarella.

BBQ Bacon Cheddar Burger.. 10.95... 13.95

Topped with **house-cured smoked bacon** and melted cheddar cheese. Dressed.

Awesome Burger..... 10.95... 13.95

Cajun spiced and topped with jalapeno peppers (**hot or mild**) and crumbly bleu cheese. Dressed with garlic dill dressing lettuce, tomato, onion.

NEW Pig Burger..... 11.59... 14.59

Hamburger topped with pulled pork, **house-cured bacon**, BBQ sauce, and melted cheddar. Dressed.

Mushroom Swiss Burger..... 10.95... 13.95

With sauteed mushrooms and Swiss cheese.

State Fair
AWARD
WINNING



Texas Beef Brisket Sandwiches

All natural beef brisket, hormone and antibiotic-free. Hand rubbed and slow smoked up to twelve hours in the pit. Carved and piled high. Ask for **Cherry Bomb**, **All-American BBQ Sauce**, or **dry rub**.

By Itself Platter

Lone Star Sandwich..... 8.95... 11.95

BBQ beef brisket sandwich with pickle & onion.

Brisket Dip..... 9.95... 12.95

BBQ beef, sauteed onions, melted mozz, Au jus.

Brisket Bomber..... 10.95... 13.95

BBQ beef topped with house-cured smoked bacon, mushrooms, BBQ sauce, and melted cheddar.

Philly Brisket Sandwich..... 10.95... 13.95

BBQ beef topped with sauteed mushrooms, onions, peppers, and melted provolone.

Brisket Bleu..... 10.95... 13.95

BBQ beef with caramelized onions and crumbly bleu cheese, drizzled with **Cherry Bomb Sauce**.

Barbecue Dinner Plates



Texas Beef Brisket

All natural beef brisket, hormone and antibiotic-free, hand carved beef brisket. Rubbed with spices and smoked for 14 hours. Thick sliced and served over toasted sourdough bread. Pickles and white onions on the side. Includes two sides and cornbread..... 16.95

Iowa State Pulled Pork

A heaping plate of hand-rubbed pork shoulders, slow smoked up to fourteen hours, then hand pulled. Served over a slice of toasted sourdough bread. With two sides and cornbread.... 15.95

Sticky Cakes

REAL Crab meat, spiced up with pulled pork, lightly floured, and pan seared. Served with a Cajun tartar sauce. A Maryland favorite. Includes two sides and cornbread..... 15.95

Jivin' Jambalaya

Shrimp, chicken, tasso pork, and Andouille sausage, cooked with tomatoes, peppers, and onions. Served over a heaping bed of rice with cornbread..... 18.95

1/2 Ib. Salmon Fillet Steak

Seasoned, grilled, and basted with our Carolina Clipper Mustard Sauce. This is truly a delicious piece of fish! Includes two sides and cornbread..... 18.95

Vegetarian BBQ Dinners

Served with honey-glazed cornbread

NEW Smoked BBQ Tofu

Our tofu is rubbed and smoked. We brush on our Original BBQ Sauce and grill it. Smothered with sauteed peppers, onions, and mushrooms. Served with two sides..... 13.95
Add cheese of choice..... 1.00

NEW Portabella Mushroom Steak

Two grilled Portabellas marinated in Italian dressing, topped with sauteed onions, peppers, melted provolone, and whole grain mustard. Served over rice with two sides..... 16.95

Barbecue Meatless Loaf

Veggie ground, seasoned and baked. Topped with sauteed mushrooms. Not your Momma's meatloaf! Drizzled with All-American BBQ Sauce. Served over mashed potatoes with two sides..... 13.95

Crispy Tofu Vegetarian Etouffee

Cajun seasoned peppers, onions, zucchini, eggplant, and yellow squash in a dark roux. Served over deep-fried tofu and rice, with two sides..... 13.95.

The Veggie Sticky Icky Plate

Veggie Bean Burger over black beans, French fries, and mac salad. Topped with veggie etouffee, cilantro, and onions... 13.95

Specialty Sandwiches

Served with chips and garlic dill pickles.

By Itself Platter

NEW Rib Sandwich..... 10.95... 13.95

With Swiss cheese, **house-cured smoked bacon**, and caramelized onions.

Fried Green B.L.T..... 7.95... 10.95

Fried green tomatoes, house-cured bacon, lettuce, and green onion dressing on jalapeno cornbread.

Grilled Salmon..... 11.95... 14.95

6 oz. salmon fillet, mustard basted and seasoned. Served with lettuce, tomato, and red onion.

6 oz. Rib Eye Sandwich... 11.95... 14.95

Hand cut, thick sliced rib eye steak. Topped with onions, mushrooms, and mozzarella cheese.

Smoked Bologna Sandwich.... 7.95... 10.95

Thick cut house-smoked bologna topped with caramelized onions and American cheese.

Portabella Mushroom..... 8.95... 11.95

Grilled, topped with onions, peppers, provolone and whole grain mustard on a toasted bun.

Veggie Bean Burger..... 8.95... 11.95

On a toasted bun, with green onion dressing and dress set on the side. Swiss cheese optional.



Pittsburgh Sandwich

A whole meal between two slices of jalapeno cornbread: home cut fries, tomato, and mustard coleslaw are piled over your choice of meat. With chips and garlic dill pickles.

Pulled Pork

Portabella Mushroom

Hamburger

Veggie Bean Burger

Chicken Breast

Texas Beef Brisket

Chicken Tender

Smoked Bologna

By Itself... 10.95 ... Platter... 13.95

Add melted provolone for 1.00