



**Slow Smokin' the Best Grilled and Pit Styles
From the Legendary Barbeque Regions
Across America.**

**Monday - Tuesday 11AM - 9PM
Wednesday - Saturday 11AM - 10PM
Sunday 12PM - 9PM**

**288-1910
625 Culver Road**

**Corner of Atlantic Ave
Rochester, New York**

www.StickylipsBBQ.com



Lip Smackers

Grilled Drumsticks

Charcoal grilled chicken drumsticks, smoked, and basted with Uncle Frank's recipe and/or your choice of BBQ sauce. Bleu cheese included

- 2 Drummers \$2.95 4 Drummers \$5.89
- 6 Drummers \$7.95 8 Drummers \$10.29

Mississippi Catfish Strips

A Brother Wease favorite! Hand-cut catfish strips, battered and breaded in our special blend of flour, and southern style spices. Served with our tangy Cajun tartar sauce.

- Small (3 pieces).....\$4.35
- Large (5 pieces).....\$6.89

Deep Fried Pickles

Kosher dill pickle spears, battered and breaded. Served with our spicy Cajun Buttermilk Ranch Dressing.....\$3.95

Sides Plate

Pick any four of our famous sides and send your taste buds dancing. Served with our honey glazed cornbread.....\$7.95

Fried Green Tomatoes

Hand-cut tomatoes, dipped in a special blend of herbs and spices, fried to perfection. Served with honey mustard dressing or our spicy Cajun Buttermilk Ranch Dressing...\$4.95

Seasonal

French Fried Basket

Try it with our Vinegar Sauce!

- Plain Fries.....\$3.49
- With our Cheddar Jack Cheese..... \$4.89
- Loaded with Chili, Cheddar Jack Cheese, Onions, & Pickled Jalapenos.....\$5.85
- Sweet Potato Fries..... \$3.89

Sticky Lips Nachos

Fresh hand-cut fried tortillas with Sticky Lips Chili, melted cheddar and Monterey Jack cheese, onions, tomatoes, and **hot** or mild jalapeno peppers. Make it **VEGETARIAN**: substitute the chili with black beans.

Basic...\$7.39..... Add pork or chicken...\$2.49

NEW

Smackers Combo

Get a selection of apps! This platter contains 3 Grilled Drumsticks, 3 Mississippi Catfish Strips, 3 Deep Fried Pickles, and Sweet Potato Fries. Comes with dipping sauces.....\$12.95

NEW

Spinach Artichoke Dip

Truly the best spinach artichoke dip in the world! Made fresh, served hot with fried spinach chips.....\$8.95

Baked Mac & Cheese

Our soon-to-be-famous American favorite is made with three cheeses and oven-baked.

- Mac & Cheese..... \$4.75
- Mac & Cheese & Salsa..... \$4.95
- Mac & Cheese & Salsa & Pulled Pork.....\$5.49

Hot from the Stock Pot

Sticky Lips Chili

Our award winning smokehouse chili. This stuff will stick to your ribs!

- Cup.....\$3.50
- Bowl.....\$4.50
- Add cheddar cheese..... \$.50

Homemade Soups

	CUP	BOWL
Chicken Cheddar Jalapeno.....	\$2.95	\$3.75
Soup of the Day.....	\$2.95	\$3.75
Our Chef's Seafood Creation (Fridays only)	\$3.50	\$4.75

Prices subject to change. Sales Tax not included
For parties of six or more a 20% gratuity will be added.



Uncle Frank's State Fair Chicken



Chicken so good, you don't need to sauce it! Specially cut for Sticky Lips, these chickens are brush basted with Uncle Frank's Secret Family Recipe, and grilled over a bed of hot **hardwood charcoals** in our specially built smoker grill. My Uncle Frank Ognibene was known for his BBQ grilled chicken, a family favorite in which he took great pride. In his honor, ENJOY.



Each chicken dinner comes with our honey glazed cornbread.

By Itself

Pick Two Sides

1/4 Chicken (Breast & Wing).....	\$7.85.....	\$10.34
1/4 Chicken (Leg & Thigh).....	\$6.85.....	\$9.34
1/2 Chicken (leg, Thigh, Breast & Wing).....	\$9.95.....	\$12.44
Chicken Breast Steak (20oz.) (add cheese \$.75).....	\$12.89.....	\$14.89
Veggie Grilled Steak Breast (20oz.) (add cheese \$.75).....	\$13.89.....	\$15.89

Our half birds weigh almost two pounds more than at most places!

Jivin' Jambalaya

Shrimp, scallops, and crab meat, cooked with tomatoes, peppers, and onions. Served over a heaping bed of rice with cornbread.
.....\$15.95

Sticky Cakes

Crab meat spiced up with pulled pork. Served with a roasted red pepper aioli sauce. A Maryland favorite. Includes two sides and cornbread.....\$15.95

Famous Homemade Sides

Sticky Lips Chili	Black Beans and Rice	Cajun Corn
French Fries	Mashed Potatoes with Gravy	Mayo Based Coleslaw
BBQ Beans	House Salad with Dressing	Mustard Based Coleslaw
Macaroni Salad	Collard Greens	Ratatouille
Sweet Potato Fries	NEW Chorizo Cheddar Grits	Mac & Cheese

Extra Sides.....\$1.89 Extra Corn Bread.....\$.99

Smokehouse Salads

Fresh cut greens tossed with tomatoes, cucumbers, red onions, croutons, and spiced nuts.

House Garden Salad.....\$4.25	Blackened Salmon Salad..... \$8.95
Blackened Chicken Salad.....\$7.95	Mustard Basted Grilled Salmon Salad....\$8.95
Grilled Chicken Salad.....\$7.95	Beef Brisket Salad.....\$8.25
Pulled Pork Salad.....\$7.95	Dressings: Balsamic Vinaigrette, Honey Mustard,
Four Cheese Salad.....\$6.95	Spicy Italian, Lo-cal Italian, Chunky Bleu Cheese,
	Cajun Buttermilk Ranch, Sticky Lips House

Ask about Martha's homemade DESSERTS!

Memphis Pit Smoked BBQ Ribs

Considered the "Cadillac" of ribs, the St. Louis cut pork rib is the base for our five lip-smacking styles. All our ribs are basted, seasoned, and slow smoked with a special blend of hickory and apple wood. Each order comes with our honey glazed cornbread.

	Pork Ribs	By Itself	Two Sides
1/4 Slab	3-4	\$6.50	\$8.95
1/2 Slab	6-7	\$12.50	\$14.50
3/4 Slab	9-10	\$16.95	\$18.95
Full Slab	13-14	\$20.95	\$21.95
1/2 Wet, 1/2 Dry	13-14	\$20.95	\$21.95

If your ribs have a pink ring,
that means our chefs did their job right.



BEEF SHORT RIBS

Available Wednesday through Saturday

Cut especially for Sticky Lips BBQ. Smoked till tender, grilled with your choice of sauce or dry rub.

The James Dean
2 meaty beef ribs, 1/4 pound pulled pork. Includes two sides.....\$19.65

The Big Bogey
1 meaty beef rib, 1/4 rack, 1/4 Uncle Frank's Chicken. Includes two sides.....\$20.95

The King
3 meaty beef ribs, best beef in town. Includes two sides.....\$22.95

Single meaty beef rib
A great add-on to any meal!\$6.98

CHOOSE YOUR RIB FLAVOR! Sticky Lips All-American BBQ Sauce
Carolina Clipper Mustard Sauce • Cherry Bomb Sauce
Betty's Burning Lips Sauce • Memphis Dry Rub

Each of the following dishes comes with our honey glazed cornbread.

Texas Beef Brisket

Our beef is hand-rubbed and slow smoked up to twelve hours in the pit, hand-carved to order and piled high over a slice of toasted Italian bread. May we suggest the Cherry Bomb Brown Sauce or Original All-American BBQ Sauce.
.....By Itself....\$12.39....Two Sides....\$14.39

Iowa State Pulled Pork

A heaping plate of hand-rubbed pork butts, slow smoked up to twelve hours, then hand pulled. Served over a slice of toasted Italian bread. May we suggest our **Spicy Vinegar Sauce**, Carolina Clipper Mustard Sauce or Original All-American BBQ Sauce.
.....By Itself....\$11.29....Two Sides....\$13.29

New York Strip Steak

A 12 oz. strip USDA choice, grilled and served with your choice of our house steak sauce or melted Gorgonzola cheese.
.....By Itself....\$14.95.....Two Sides....\$16.95



The Sticky Icky Plate

A Rochester late nite favorite. Served with our famous spicy meat sauce. This may be the best "gourmet" plate in town. Includes French Fries, Mac Salad, and BBQ Beans, and topped with onions and cilantro.....\$8.95
Choose one (please, no substitutions)

3/4 Ib. Salmon Fillet Steak

Seasoned, grilled, and basted with our Carolina Clipper Mustard Sauce. This is truly a delicious piece of fish!
.....By Itself....\$13.95.....Two Sides....\$15.95

- Hamburger
- Cheeseburger
- Hot Dog
- Beef Brisket
- Chicken

Ask about our kids selections

Smokin' Good Sandwiches

Ask for a multigrain roll!

Wednesday lunch special: Real Cuban Sandwiches!

Grilled Chicken Breasts

Our 6 oz. boneless chicken breasts are marinated with Uncle Frank's secret family recipe and then grilled to your liking. Served with garlic dill pickles.

By Itself Two Sides

Grilled Chicken Breast..... \$5.95....\$8.50

Dressed with lettuce, tomato, and red onion.

Chicken Philly..... \$6.95....\$9.50

Grilled breast topped with onions, peppers, mushrooms, and melted provolone.

NEW Green Onion Chicken.. \$6.75....\$9.25

Chicken breast with green onion dressing, lettuce, red onion, tomato and melted swiss.

Blackened Chicken..... \$6.50....\$8.95

Seared with Cajun spices in a cast iron skillet. Dressed with lettuce, red onion, tomato, and melted cheddar.

Salsa Cheddar Chicken..... \$6.75....\$9.25

Chicken breast topped with our fresh salsa, lettuce, tom., red onion, and melted cheddar.

Chili Cheddar Chicken..... \$6.95....\$9.50

Chicken breast topped with Sticky Lips Chili and melted cheddar cheese. Dressed.

BBQ Bacon Cheddar Chicken.. \$6.95... \$9.50

BBQ breast topped with thick cut smoked bacon and melted cheddar cheese. Dressed.

Awesome Chicken..... \$6.95....\$9.50

Cajun spiced chicken breast topped with jalapeno peppers (hot or mild) and crumbly bleu cheese. With lettuce, tomato, and red onion.

Pulled Pork Sandwiches

Pulled hand rubbed pork butts slow smoked and piled high! Ask for our spicy vinegar sauce or our All-American BBQ Sauce. Served with garlic dill pickles.

By Itself Two Sides

Original BBQ Pork..... \$5.95....\$8.50

Carolina Clipper Pork..... \$6.50.... \$8.95

Pulled pork topped off with our mustard sauce and coleslaw.

Black Bean and Pork..... \$6.50....\$8.95

Pulled pork topped with our spiced black beans.

Philly Pork Sandwich..... \$6.95....\$9.50

Pork topped with onions, peppers, mushrooms, and melted provolone.

Photo City Pork..... \$7.25....\$9.75

Pulled pork, topped with Italian capicola and melted provolone. Truly a Rochester original.

BBQ Beef Burgers

Our 1/2 pound all beef hamburgers are flame grilled to your liking and dressed with lettuce, tomato, and red onion. Served with garlic dill pickles.

By Itself Two Sides

The All-American Burger.... \$5.95....\$8.50

Grilled hamburger dressed with lettuce, tomato, and red onion.

The Cheeseburger..... \$6.50....\$8.95

NEW The Trash Heap..... \$7.95....\$9.95

Hamburger topped with collards, peppers, onions, mushrooms, fries, meat sauce, and provolone .

BBQ Bacon Cheddar Burger.. \$6.95...\$9.50

Topped with thick cut smoked bacon and melted cheddar cheese. Dressed.

Awesome Burger..... \$6.95....\$9.50

Cajun spiced and topped with jalapeno peppers (hot or mild) and crumbly bleu cheese. Dressed.

Blackened Burger..... \$6.50....\$8.95

Seared with Cajun spices in a cast iron skillet. Topped with melted cheddar cheese, dressed.

Pulled Pork Burger..... \$7.95... \$10.50

Hamburger topped with pulled pork, drizzled with BBQ sauce. Dressed.

Chili Cheddar Cheeseburger.. \$7.25...\$9.75

Hamburger topped with Sticky Lips Chili and melted cheddar cheese and dressed.

Texas Beef Brisket

Hand rubbed and slow smoked up to twelve hours in the pit. Carved and piled high. Ask for Cherry Bomb BBQ or All-American BBQ Sauce. Served with garlic dill pickles.

By Itself Two Sides

Lone Star Sandwich..... \$6.50....\$8.95

BBQ beef brisket sandwich.

Cherry Bomb Beef Brisket.. \$6.50....\$8.95

BBQ beef topped with Cherry Bomb Sauce.

Beef and Gravy Brisket..... \$6.50....\$8.95

Smoked beef topped with our homemade gravy.

Brisket Bomber..... \$7.95... \$10.50

BBQ beef topped with thick cut smoked bacon, mushrooms, BBQ sauce, and melted cheddar.

Philly Brisket Sandwich..... \$7.95...\$10.50

BBQ beef topped with sauteed mushrooms, onions, peppers, and melted provolone.

NEW Brisket Bleu..... \$7.95...\$10.50

BBQ beef topped with caramelized onions and crumbly bleu cheese.

Specialty Sandwiches

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|------------|--|-------------------------|
| | By Itself | Two Sides |
| NEW | Fried Green B.L.T. | \$6.95....\$9.50 |
| | Fried green tomatoes, bacon, lettuce, and green onion dressing on Italian bread. | |
| | Grilled Salmon | \$7.75.. \$10.25 |
| | 6 oz. salmon fillet, mustard basted & seasoned. Served with lettuce, tomato, and red onion. | |
| | Blackened Salmon | \$7.75.. \$10.25 |
| | Seared with Cajun spices in a cast iron skillet. Served with lettuce, tomato, and red onion. | |
| | Portabella Mushroom | \$6.95....\$9.50 |
| | Marinated portabella, topped with sauteed onions, peppers, melted provolone and red pepper coulis. | |
| NEW | Lentil Veggie Burger .. | \$5.95.. \$8.50 |
| | Topped with Swiss cheese and green onion dressing on a roll with lettuce, tomato, onion. | |

Pittsburgh Sandwich

A whole meal between two slices of grilled Italian bread: seasoned french fries, tomato, and mustard coleslaw are piled over your choice of meat. Served with garlic dill pickles.

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|-----------------------|-----------------------------|
| Pulled Pork | Portabella Mushroom |
| Hamburger | Lentil Veggie Burger |
| Chicken Breast | Texas Beef Brisket |
| | Blackened Chicken |

By Itself....**\$6.95**.....Two Sides...**\$9.50**
Add melted provolone for **\$.50**

Vegetarian BBQ Dinners

BBQ Bourbon Tofu Steak: 16 oz. bourbon marinated tofu, brushed with our Original BBQ Sauce, and smothered with sauteed peppers, onions, and mushrooms.
...By Itself....**\$8.95**.....Two Sides....**\$10.95**
...Add cheese of choice....**\$.75**

NEW **Mexican Burrito**
Veggie seasoned taco "meat." Wrapped in a flour totilla with black beans. Topped with salsa and melted cheese. Baked, served over black beans and rice.....**\$8.95**

Crispy Tofu Vegetarian Etouffee:
Cajun seasoned peppers, onions, zucchini, eggplant, yellow squash, and okra in a dark roux. Served over deep-fried tofu and rice. Vegan friendly! ...By Itself..**\$8.95**....Two Sides..**\$10.95**

NEW **Barbecue Meatless Loaf**
Veggie Ground, seasoned and baked. Not your Momma's meatloaf (10 oz!) Finish with your choice of sauce. With two sides.....**\$10.95**

All-American BBQ Combos

Served with honey glazed corn bread and two famous homemade sides.

Flying Fortress

- B-29 Superfortress:** 1/4 Uncle Frank's Chicken, Beef Brisket, Pulled Pork ..(Leg & Thigh) **\$15.95**...(Breast & Wing) **\$16.75**
- B-17 Bomber:** 1/4 Uncle Frank's Chicken, Beef Brisket, 1/4 Slab of Ribs ..(Leg & Thigh) **\$16.85**...(Breast & Wing) **\$17.65**
- B-24 Bomber:** Iowa State Pulled Pork, Beef Brisket, 1/4 Slab of Ribs.....**\$16.75**
- The Spitfire:** 6 oz. Boneless Chicken Breast, Pulled Pork, 1/4 Slab of Ribs..... **\$16.45**
- P-38 Bomber:** 1/2 Uncle Frank's Chicken, 1/2 Slab of Ribs.....**\$18.29**
- P-51 Mustang:** 10-12 oz. Boneless Chicken Breast, 1/2 Slab of Ribs.....**\$19.95**

The Painted Ladies

- NEW** **Jane Russell:** Iowa State Pulled Pork & Texas Beef Brisket.....**\$11.95**
- NEW** **Mae West:** 6 oz. chicken breast, choice of pulled pork or beef brisket.....**\$11.95**
- Lana Turner:** 1/4 Uncle Frank's Chicken with Beef Brisket OR Pulled Pork ..(Leg & Thigh) **\$11.95**...(Breast & Wing) **\$12.75**
- Betty Grable:** 1/4 Uncle Frank's Chicken & 1/4 Slab of Ribs ..(Leg & Thigh) **\$11.95**...(Breast & Wing) **\$12.75**
- Rosie Rivets:** 6 oz. Boneless Chicken Breast & 1/4 Slab of Ribs.....**\$12.25**
- Rita Hayworth:** Iowa State Pulled Pork & 1/4 Slab of Ribs.....**\$13.50**
- Memphis Belle:** Texas Beef Brisket & 1/4 Slab of Ribs.....**\$13.95**
- Lady Luck:** 1/2 Uncle Frank's Chicken & 1/4 Slab of Ribs.....**\$14.80**
- Betty Boop:** 10-12 oz. Boneless Chicken Breast Steak & 1/4 Slab of Ribs.....**\$16.95**
- NEW** **Billie Holiday:** Beef Brisket, Pulled Pork, 1/4 Slab of Ribs, 1/4 Uncle Frank's Chicken (Leg & Thigh) **\$22.95**...(Breast & Wing) **\$23.75**

Portabella Mushroom Steak: Two Portabellas in a Guinness balsamic vinegar marinade, topped off with sauteed onions, peppers, grilled asparagus, melted provolone, and a red pepper cilantro coulis.
...By Itself....**\$11.95**.....Two Sides....**\$13.95**

The Veggie Sticky Icky Plate
Lentil Veggie Burger over black beans, French fries, and mac salad. Topped with veggie etouffee, cilantro, and onions.....**\$8.95**