

STICKY LIPS BBQ

Blue Collar Dinner Menu



BBQ Fundraisers

Catering Available

The Blue Collar Dinner Menu honors the men and women throughout history who learned a trade and built things with their own hands.

LIP SMACKERS



Buffalo Chicken Wing Dip
Made fresh! Served hot with fried jalapeño chips. 11.99

Baked Mac & Cheese
Made with FOUR CHEESES and oven-baked. 11.99

Sticky Lips Nachos
Fresh hand-cut fried tortillas with Sticky Lips Chili, melted cheddar and Monterey Jack cheese, onions, tomatoes, and hot or mild jalapeño peppers. Make it VEGETARIAN: substitute the chili with black beans.
Nachos... 9.99
With pulled pork or pulled chicken... 12.99

Loaded French Fries
Home-cut style fries loaded with chili, cheddar jack cheese, onions, pickled jalapeños, sour cream. 11.99

Pig Wings
Our famous pork ribs, lightly dusted, fried and smothered with Buffalo wing sauce.
Add Thick n' Chunky Blue Cheese for 2.00.
2 Bones... 6.00 3 Bones... 9.99

Deep Fried Pickles
Kosher dill pickle spears, battered and breaded. Served with our spicy Cajun Buttermilk Ranch Dressing. 6.99

Ultimate Baked Mac & Cheese
If you like chili cheddar cheese dogs, this is for you. Smoked bologna and chili mixed into our baked mac & cheese. 13.99

Chicken Bites
Hand-cut boneless chicken wings, battered. Get them crispy with sauce on the side, or smothered. Choose medium Buffalo style or Sweet n' Sour. Served with chips. Add Thick n' Chunky Blue Cheese for 2.00.
6 piece... 8.99 10 piece... 14.99

Grilled Drumsticks
Rubbed, smoked, and flame grilled chicken drumsticks, basted with our All American BBQ Sauce. Add Thick n' Chunky Blue Cheese for 2.00.
3 Drummers... 8.49 6 Drummers... 15.49

Fried Green Tomatoes
Hand-cut tomatoes, dipped in a special blend of spices and flour, then fried. Served with honey dijon dressing (seasonal).
Small (3 pieces)... 7.49 Large (5 pieces)... 13.49

CHICKEN wings

All orders served with SEASONED POTATO CHIPS.
Add THICK N' CHUNKY BLUE CHEESE for 2.00.

Small 8.99 Large 15.99

FRIED & GRILLED BBQ Lightly floured, fried tossed in sauce, then char-grilled.

BUFFALO STYLE Lightly floured and seasoned, fried, and tossed in sauce. Choose: BUFFALO SAUCE (mild) or SWEET & SOUR.

GARLIC PARMESAN Lightly floured, seasoned, fried, and tossed in our garlic parmesan sauce.

JAMAICAN JERK GLAZE Lightly floured, seasoned, fried, then tossed in a jerk glaze and char grilled.

Marquee Salads

Add extra cornbread \$2. Add side salad \$6.99.

Marquee Salad

Fresh cut greens tossed with tomatoes, jack cheese, cucumbers, red onions, and croutons. 13.99

CHOOSE YOUR PROTEIN:

- Grilled Chicken
- Blackened Chicken
- Jamaican Jerk Chicken
- Jamaican Jerk Shrimp
- Buffalo Chicken Bites
- Smoked Pulled Pork
- Grilled Salmon (add \$2)
- All Natural Beef Brisket (add \$2)

Soup & Salad

Bowl of soup (ask about today's soup choices). Side salad contains fresh cut greens tossed with tomatoes, jack cheese, cucumbers, red onions, croutons, and dressing. 13.99. Add a protein for \$6.

SALAD DRESSINGS:

- Balsamic Vinaigrette, Italian,
- Blue Cheese, Cajun Ranch,
- Buttermilk Ranch, Honey Dijon,
- Thousand Island, Salsa

Bowls

Add extra cornbread \$2

Rice Bowl

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, choice of meat (chopped chicken or pork). Drizzled with garlic dill dressing and sriracha. 13.99

Potato Bowl

Mashed potatoes and gravy, BBQ beans, corn, sauteed onions and green peppers, shredded cheese, cilantro, meat sauce, choice of meat (chopped chicken or pork). Drizzled with garlic dill dressing and sriracha. 13.99

Veggie Bowl

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, grilled and chopped black bean patty. Drizzled with garlic dill dressing and sriracha. 13.99

Jerk Shrimp Bowl

Rice, black beans, corn, sauteed onions and green peppers, salsa, shredded cheese, cilantro, Jamaican jerk shrimp. Drizzled with garlic dill dressing and sriracha. 13.99

Sticky Icky Bowl

A "gourmet plate" in a bowl! Includes three "sides" mixed in: French Fries, Mac Salad, and BBQ Beans. Topped with red onion, cilantro, and spicy meat sauce. Cornbread on the side. Choose one: Hot Dog, Hamburger, Cheeseburger, Pulled Chicken, Pulled Pork. 13.99
Beef Brisket for additional 1.00

16 Famous Homemade Sides

\$4 per side

- Sticky Lips Chili
- Home-Cut Fries
- BBQ Beans
- Macaroni Salad
- Sweet Potato Fries
- Black Beans and Rice
- Mashed Potatoes with Gravy
- Ratatouille
- Collard Greens
- Chorizo Cheddar Grits
- Tomato & Cucumber (seasonal)
- Cajun Corn
- Mayo Based Coleslaw
- Mustard Based Coleslaw
- Cottage Cheese
- Mac & Cheese (add \$1)

Extra Cornbread \$2



SOUPS

Ask about our Soup of the Day!

BOWL

- Chicken Cheddar Jalapeño 5.99
- Award Winning Chili 6.49
- Sticky Stomp Stew 6.49

French Bread Pizza

The Basics

Crushed red tomato sauce, part-skim mozzarella over French bread. 9.99

Add toppings
for 1.00 each.

- Pepperoni
- Bacon
- Sauteed Peppers
- Sauteed Onions
- Sauteed Mushrooms
- Chopped Brisket
- BBQ Pulled Chicken
- BBQ Pulled Pork

*Prices do not include sales tax.



Choose From 3 Styles! Grilled Chicken Dinners Cooked with Real Charcoal!



Each chicken dinner comes with two sides and our honey glazed cornbread.

Robert Baker, an academic at Cornell University, developed the famed Cornell chicken recipe at the request of the poultry industry. In 1949, Baker's chicken coop opened at the N.Y. State Fair and ran until 2021, making it the longest running booth at the fair. Uncle Frank gave it his own style, applying the recipe to smaller pieces, giving them more basted flavor.

*Brush basted and grilled
over a bed of hot
hardwood charcoals.
Because we cook over
charcoal, there may be a
pinkish hue to the meat.*

N.Y. STATE FAIR CORNELL RECIPE CHICKEN

Three piece (bone-in leg quarter and whole wing) Cornell recipe baste. 15.99

CHARCOAL GRILLED CHICKEN WITH JERK GLAZE

Three piece (bone-in leg quarter and whole wing) with Jerk Glaze. 15.99

CHARCOAL GRILLED CHICKEN WITH STICKY SWEET GLAZE

Three piece (bone-in leg quarter and whole wing) with Sticky Sweet Glaze 15.99

BBQ COMBOS

Served with honey glazed cornbread and two sides.
Add an additional meat for \$7.

Chicken and Ribs

Two piece bone-in leg quarter chicken, two individually cut rib bones (choose All-American or Cherry Bomb). 15.99

Add two additional rib bones for 6.00.

Add four additional rib bones for 12.00.

Jamaican Jerk Shrimp and Ribs

Jamaican Jerk Shrimp and two individually cut rib bones. 15.99

Chicken and Pork

Two piece bone-in leg quarter chicken and hickory smoked pulled pork. Choose your own sauce. 15.99

Chicken and Brisket

Two piece bone-in leg quarter chicken and all-natural BBQ beef brisket. Choose your own sauce. 15.99

Chicken & Sliced Turkey

Two piece bone-in leg quarter chicken and spice rubbed smoked sliced turkey breast drizzled in our liquid gold. 15.99

Chicken and Pork Belly Burnt Ends

Two piece bone-in leg quarter chicken and rubbed, smoked, and cubed pork belly, soaked in our Cherry Bomb BBQ sauce. 15.99

Boneless Chicken Breast and Ribs

Our chicken breasts are brined and marinated with Uncle Frank's secret recipe, grilled, then topped off with Chimichurri. With two individually cut rib bones. 15.99

Add two additional rib bones for 6.00.

Add four additional rib bones for 12.00.

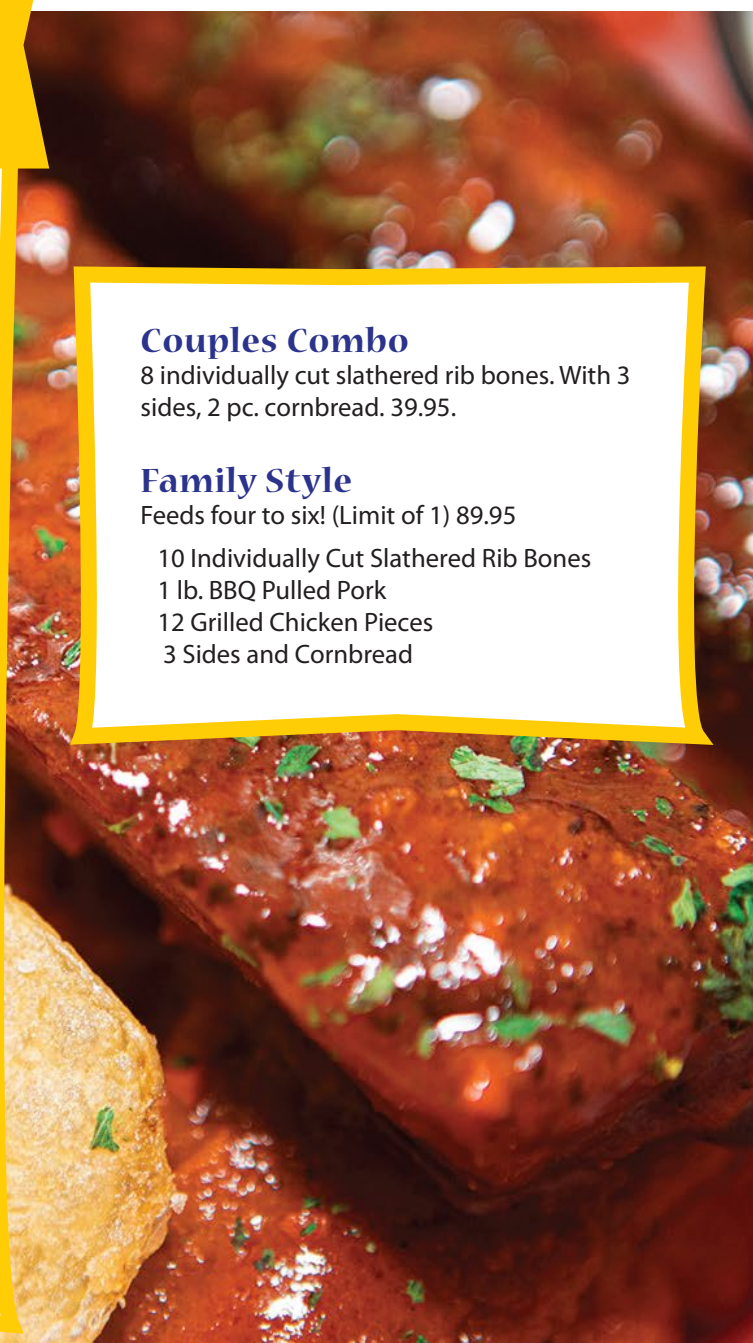
Couples Combo

8 individually cut slathered rib bones. With 3 sides, 2 pc. cornbread. 39.95.

Family Style

Feeds four to six! (Limit of 1) 89.95

10 Individually Cut Slathered Rib Bones
1 lb. BBQ Pulled Pork
12 Grilled Chicken Pieces
3 Sides and Cornbread



BBQ PLATES

Pit Smoked BBQ Ribs

Served with honey glazed cornbread and two sides.

St. Louis Cut Pork Ribs

Three BBQ ribs: These individually cut meaty ribs are marinated in a bath of our flavorful sauces. Choose All-American BBQ Sauce or Cherry Bomb BBQ Sauce. Big juicy flavor! 14.99.

Add two additional rib bones for 6.00.

Add four additional rib bones for 12.00.

THE
CADILLAC
OF RIBS!

Double Bone Dry Rub

For those who love our Memphis Dry Rub Ribs with no sauce, this is for you!

Two bones... 8.50

Four bones... 13.50

Half Rack / Full Rack

If you like our traditional style of rib, then this is the rib for you. Rubbed and smoked, add your own sauce or ask for dry rub.

HALF RACK (5 to 6 bones)... 18.99

FULL RACK (10 to 12 bones)... 37.00

CHOOSE YOUR BBQ SAUCE

FAMOUS
FLAVORS

All-American BBQ
Carolina Clipper Mustard
Cherry Bomb
Sticky Sweet BBQ
Betty's Burning Lips
Spicy Vinegar
Memphis Dry Rub
Jamaican Jerk Glaze

BBQ Dinner Plates

Served with honey glazed cornbread.

Texas Beef Brisket

We use the best quality beef brisket! **All natural, hormone and antibiotic free.** Fresh cracked black pepper and spiced rub, hickory wood smoked up to 14 hours and hand sliced. served with pickle chips. Includes two sides. 23.99

Iowa State Pulled Pork

A heaping plate of spice-rubbed pork shoulders, slow hickory smoked up to fourteen hours, then hand pulled. With two sides. 20.99

Sticky Cakes

Crab meat, spiced up with pulled pork, lightly floured, and pan seared. Served with a Cajun tartar sauce. Our barbecue version of a Maryland favorite. With two sides. 22.99

Wallace's Fried Chicken

Our chef's secret recipe. Three pieces, crispy golden brown. Choose "Traditional Crispy" or "Birdland" style (smothered in sweet & sour sauce). Comes with two sides. 15.99

Jivin' Jambalaya

Pan seared no-tail shrimp, chicken, tasso pork, and Andouille sausage, cooked with tomatoes, peppers, and onions. Served over a heaping bed of rice. 22.99

Sides Plate

Choose any four of our famous sides. With honey glazed cornbread. 13.99

Vegetarian BBQ Dinners

Served with and honey-glazed cornbread and two sides.

Barbecue Meatless Loaf

Veggie ground, seasoned and baked. Topped with sauteed mushrooms. Not your Momma's meatloaf! Drizzled with All-American BBQ Sauce. Served over mashed potatoes. 19.89

Portabella Mushroom

Sliced grilled portabella strips, marinated in Italian dressing, topped with sauteed onions, peppers, melted provolone, and drizzled with balsamic vinegar. Served over rice. 18.99

Veggie Sticky Icky Plate

Cajun spiced black bean burger over black beans, French fries, mac salad. Topped with red onion. 16.99

Ratatouille Dinner

Fresh sauteed seasonal vegetables, over basmati rice. 16.99

Fish Platters



With two sides, lemon wedge, and cornbread.

Daily Fresh Fish Fry

Fresh 8-10 oz haddock. Choose beer battered or blackened. Served with Cajun tartar. 18.99

Fresh Salmon Fillet

Fresh 8 oz. salmon, grilled, and lightly basted with our Carolina Clipper Mustard Sauce. This is truly a delicious piece of fish! 23.99

Fried Southern Style Catfish Dinner

Lightly breaded in our special blend of flour, cornmeal, and southern style spices. Served with our tangy Cajun tartar sauce. 18.99

Smokin' Good Sandwiches

Ground Steak Burgers

Our 8 oz. diner-style custom blend steak burgers are always fresh, never frozen. Grilled medium unless otherwise requested. Served with house-cut seasoned potato chips, dill pickle, and two sides.

Lunch Burger

With lettuce, tomato, red onion, and American cheese on a hard roll. 13.99

Awesome Burger

Blackened spiced and topped with jalapeño peppers (hot or mild) and crumbly blue cheese. Dressed with garlic dill, lettuce, tomato, onion on a hard roll. 14.99

BBQ Bacon Cheddar Burger

Topped with double smoked bacon, BBQ sauce, and melted cheddar cheese. Dressed, on a hard roll. 13.99

Mushroom Burger

With sauteed mushrooms and Swiss cheese on a hard roll. 13.99

Chicken Breast Sandwiches

Our 6 oz. boneless chicken breasts are brined and marinated with Uncle Frank's secret family recipe and then grilled. Served with house-cut seasoned potato chips, dill pickle, and two sides.

Grilled Chicken Breast

Dressed with garlic dill dressing lettuce, tomato, and red onion on a hard roll. 13.99

BBQ Bacon Cheddar Chicken

Chicken breast with double smoked bacon, melted cheddar cheese, and BBQ sauce. Dressed, on a hard roll. 14.99

Awesome Chicken

Blackened spiced chicken breast with jalapeños (hot or mild) and crumbly blue cheese. Dressed with garlic dill, lettuce, tomato, onion on a hard roll. 14.99

Pulled Chicken

Charcoal grilled chicken, hand pulled and topped with sauteed onions, provolone, and All-American BBQ Sauce on a hard roll. 14.99

Pulled Pork Sandwiches

Pulled hand rubbed pork shouders, slow hickory smoked. Served with house-cut seasoned potato chips, dill pickle, and two sides.

Original BBQ Pork Sandwich

Pulled pork, your choice of sauce on a hard roll. 13.99
Add mustard coleslaw for 50¢.

Buffalo BBQ Pork Sandwich

Pulled pork, Buffalo wing sauce, and crumbly blue cheese on a hard roll. 14.99

Philly Pork Sandwich

Pork topped with onions, peppers, mushrooms, and melted provolone on a hard roll. 14.99

Photo City Pork Sandwich

Pulled pork, topped with hickory smoked ham and melted provolone on a hard roll. 13.99

Beef Brisket Sandwiches

All natural, hormone and antibiotic free. Hickory smoked. Served with house-cut seasoned potato chips, dill pickle, and two sides.

Lone Star Sandwich

BBQ beef brisket sandwich with pickle and onion. 14.99

Brisket Dip

BBQ beef, sauteed onions, melted American, on a hard roll. Au jus. 15.99

Brisket Bleu

BBQ beef with caramelized onions and crumbly blue cheese, drizzled with Cherry Bomb Sauce, on a hard roll. 15.99

Brisket Bomber

BBQ beef topped with double smoked bacon, mushrooms, BBQ sauce, and melted cheddar ,on a hard roll. 15.99

Chop Shop Brisket

Same great tasting brisket, chopped and topped with your choice of BBQ sauce and sauteed onions, on a hard roll. 15.49

Specialty Sandwiches

Served with house-cut seasoned potato chips, dill pickle, and two sides.

Grilled Cheese Sandwich

American and Swiss cheeses, with sliced tomato on sliced sourdough bread. 13.99

Smoked Turkey Breast

Spice rubbed smoked sliced turkey breast drizzled in our liquid gold. With lettuce, tomato, onion, and garlic dill dressing on a hard roll. 14.99

Black Bean Burger

Chipotle black bean burger on a hard roll, with garlic dill dressing and dress set on the side. Swiss cheese optional. 15.99

Rochester Cubano

Hickory smoked ham, marinated pork loin, and seasoned "el Spam", combined with mustard-mayo, pickles, melted swiss cheese. Brick pressed between two slices of Cubano bread. A Latino favorite! 15.99

Crabcake Sandwich

Lightly pan seared, with lettuce, tomato, and Cajun tartar sauce on a hard roll. 14.99

Fried Catfish Sandwich

Battered and breaded in our special blend of flour, and southern style spices. Served with Cajun tartar sauce on a hard roll. 15.99
Add American cheese for 50¢.

Smoked Bologna Burger

Smoked in Carolina Clipper Mustard Sauce and spiced rubbed. Topped with sauteed onions and American Cheese on a hard roll. 13.99

Pittsburgh Sandwich

A whole meal between two slices of sourdough: home-cut style fries, tomato, and mustard coleslaw are piled over your choice of protein. 15.99.
Add melted provolone for 1.00

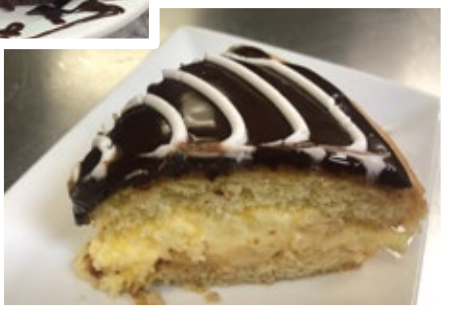
- Pulled Pork
- Hamburger
- Chicken Breast
- Portabella Mushroom
- Black Bean Burger
- Texas Beef Brisket (add 1.00)

Fresh Desserts

Locally made at Leo's Bakery.
Save room for pie or cake!
Or take some home for later!



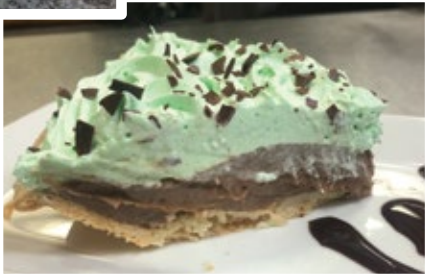
Chocolate
Cake



Boston
Cream Pie



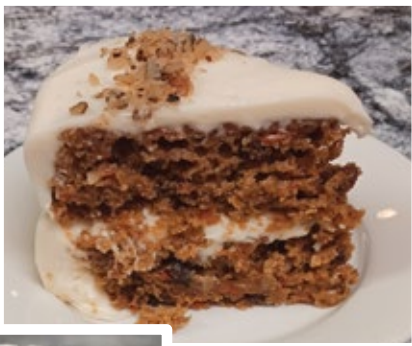
Strawberry
Cream Pie



Grasshopper
Pie



Key Lime
Pie



Carrot
Cake



Banana
Cream Pie



Peanut Butter
Brownie Pie

Bottled Soft Drinks

Served in a cold pint glass

FIZ is locally owned since 1922. Made with 100% pure cane sugar!



Specialty
Beverages

- Fiz Cola
- Buffalo Birch Beer
- Wisniak Black Cherry Soda
- Retro Grape Soda
- Syracuse Orange

SARANAC 1888 SOFT DRINKS

- Root Beer
- Shirley Temple
- Orange Cream

\$3.99

FOUNTAIN SODA

Served in a Chilled Mason Jar
Unlimited Refills!

\$2.99

- | | |
|------------------------------|--------------|
| SUNKIST ORANGE SODA | DR. PEPPER |
| STEWART'S ROOT BEER | RC COLA |
| SHAMROCK LOGANBERRY | RC DIET COLA |
| RYAN'S LEMONADE (Cane Sugar) | 7-UP |

COLD PINT GLASS

- WHOLE MILK
- CHOCOLATE MILK
- APPLE JUICE

\$3.49

- UNSWEETENED ICED TEA
- SOUTHERN SWEET TEA
- Unlimited Refills!

\$2.99

STRAWBERRY LEMONADE \$3.49

OTHER FAVORITES

FRUIT SMOOTHIES

- Strawberry-Lemonade
- Strawberry

\$6.99

COLD CAN SODA

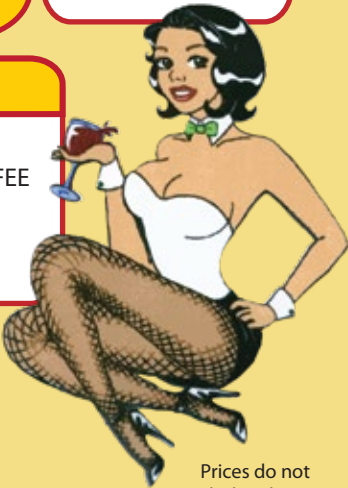
- PEPSI COLA
- DIET PEPSI
- MOUNTAIN DEW

\$2.50

HOT DRINKS

- HOT TEA
- HOT BREWED COFFEE
- HOT COCOA with WHIPPED CREAM

\$2.99



Prices do not include sales tax.